

# **Welcome to the Personal Social and Health Education (PSHE) Department**

Subject Leader: Mr A Vickers

Teachers: Miss M Bruce, Mr T Fitton, Mr D Hebden, Mrs T King,  
Mrs T Lester, Mrs G Young

## **Subject Overview**

Personal, Social and Health Education (PSHE) is a planned programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives in a range of contexts. Supporting the whole school through discrete lessons and schemes of work, PSHE develops the qualities and attributes students need to thrive as individuals, family members and members of society. The subject is overarched by the concept of “Life in Modern Britain” and based on three core themes:-

1. Health and Wellbeing; 2. Relationships; 3. Living in the Wider World. There is broad overlap and flexibility across these themes.

## **Teaching Aims and Objectives**

The department aims to engage and inspire students to be passionate about the world in which they live and inquisitive about their place within it. The students will be taught about the values and attitudes consistent with “Life in Modern Britain” (LIMB).

Students learn to be effective problem solvers and risk managers in the context of sex and relationships, alcohol and drug use, financial risk management and future career aspirations. Students are encouraged to question, think, reflect, not pre-judge and be confident in their opinions but not be afraid to have their opinion challenged by others.

## **Course Information**

### **Key Stage 3**

During key stage 3, all students have one hour per week of PSHE teaching time.

Year 7: Transitions, protective behaviours, staying safe online (including social media, sexting and grooming), puberty, peer pressure (including smoking, alcohol and drugs), democracy and how it works and respecting diversity within society.

Year 8: Self-awareness, body image, diet, first aid, aspirations (to support the key stage 4 curriculum) exercise and healthy lifestyle planning.

### **Key Stage 4**

During key stage 4, all students follow PSHE on a rotation with RS (changing approximately every 6 weeks).

Year 9: Relationships sex and consequences (including contraception demonstration and the possible effects of easy to access pornography), aspirations, body image (including the influence of the media), terrorism and anti-radicalisation (including Islamophobia).

Year 10: Relationships and parenting, stress management and mental health, drugs and alcohol risk-management.

Year 11: Aspirations and career information and guidance, cv and application writing and interview preparation (including post 16 research, post 18 research – qualification routes and levels). Drugs and alcohol dangers (including 'legal highs').

### **Homework Expectations (Including ICT resources and websites)**

Students in Year 7 are not set PSHE homework until after October half-term. Year 8 are set homework every other week. There is no homework set in key stage 4 PSHE rotations.

### **Marking and Assessment**

Marking is done in line with the school policy and each module contains a specific assessment point. Students use these as a way of assessing whether they are working towards, at, or beyond their key stage target.

### **Examinations**

This is a non-examined course.