

# **Welcome to the Personal, Social, Health and Education Department – PSHE**

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## **Subject Overview**

Personal, Social and Health Education (PSHE) is a planned programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives in a range of contexts. Supporting the whole school through discrete lessons and schemes of work, PSHE develops the qualities and attributes students need to thrive as individuals, family members and members of society. The subject is overarched by the concept of “Life in Modern Britain” and based on three core themes: Health and Wellbeing; Relationships; Living in the Wider World. There is broad overlap and flexibility across these themes.

## **Teaching Aims and Objectives**

The department aims to engage and inspire students to be passionate about the world in which they live and inquisitive about their place within it. Students will be taught about the values and attitudes consistent with “Life in Modern Britain” (LIMB).

Students learn to be effective problem solvers and risk managers in the context of sex and relationships, alcohol and drug use, financial risk management and future career aspirations. Students are encouraged to question, think, reflect, not pre-judge and be confident in their opinions but not be afraid to have their opinion challenged by others.

Students will cover topics as wide ranging as online safety, child sexual exploitation (grooming and coercion, online risks), Female Genital Mutilation, extremism, domestic and relationship abuse, body image in order to make sure they are aware of the consequences of risky behaviour and know what to do if they become involved in any risky behaviours.

## **Course Information**

### **Key Stage 3**

In Year 7, all students have one hour per week of PSHE teaching time and one hour per fortnight in Year 8.

Year 7: Transitions, personal protective behaviours (including road safety), staying safe online (including social media, sexting, webcamming and grooming), puberty, peer pressure (including smoking, alcohol and drugs), democracy and how it works and respecting diversity within society.

Year 8: Self-awareness, body image, diet, first aid, aspirations (to support the key stage 4 curriculum), extremism, healthy relationships (including how online behaviour affects social groups and how pressure can affect personal relationships – consent) exercise and healthy lifestyle planning.

### **Key Stage 4**

During key stage 4, all students follow PSHE on a rotation with RS (changing approximately every 6 weeks).

Year 9: Relationships sex, law and consequences (including contraception demonstration) the effects of easy to access pornography, aspirations, body image (including the influence of the media), sexuality (including LGBT), hate-crime, terrorism and anti-radicalisation (including Islamaphobia).

Year 10: Relationships and parenting (including abusive relationships), stress management and mental health (including depression and self-harm), drugs and alcohol risk-management, financial capability.

Year 11: Aspirations and career information and guidance, cv and application writing and interview preparation (including post 16 research, post 18 research – qualification routes and levels). Drugs and alcohol dangers (including 'legal New Psychoactive Substances).

### **Homework Expectations (Including ICT resources and websites)**

Students in Year 7 are not set PSHE homework until after October half-term. Year 8 are set homework every other week. There is no homework set in key stage 4 PSHE rotations.

### **Marking and Assessment**

Marking is done in line with the school policy and each module contains a specific assessment point. Ipsative assessment is used where possible through the modules – a student acknowledges what they know at the start of a module, and then adds to this at key points as to show progress towards outcomes. Students use this as a way of assessing whether they are working towards, at, or beyond their key stage target.

### **Examinations**

This is a non-examined course.