

Northamptonshire Young Healthy Minds Partnership

## www.asknormen.co.uk



Want to find out more about supporting the wellbeing and mental health of children & young people in Northamptonshire?

**JUST ASK NORMEN** 



**Northamptonshire** Young Healthy Minds Partnership

The Northamptonshire Young Healthy Minds Partnership aims to ensure that appropriate provision is in place to support emotional development, build emotional resilience and respond to the mental health needs of our children and young people.

NORMEN the Northamptonshire Mental Health Gateway will help you to find further information and support: Just

## ASK NORMEN.

visit the website to subscribe to our monthly newsletter

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Now with advice, guidance, tools and a directory of local services





