

LUNCH MENU 3

MAIN MEAL

VEGETARIAN

HOT DESSERT

MONDAY

Chicken curry served on a bed of rice

Vegetarian vegetable Kiev stuffed with cheese served with a side salad

Janet's dessert of the day...

TUESDAY

Italian beef lasagne served with garlic bread and a side salad

Spanish style oven baked frittata served with a side salad

Janet's dessert of the day...

WEDNESDAY

Roast gammon ham served with seasonal vegetables and roast potatoes

Jumbo Chinese style spring rolls served with sweet chilli sauce and a side salad

Janet's dessert of the day...

THURSDAY

Hot and spicy chicken wrap served with seasonal vegetables or a side salad

Roasted vegetable wrap served with seasonal vegetables or side salad

Janet's dessert of the day...

FRIDAY

Battered cod or breaded fishcakes.

With chips and peas

Mikes vegetarian omelette of the day

Janet's dessert of the day...

FRESH
SIMPLE & DELICIOUS