



Physical Education



What our students say:

“Throughout my studies in PE, the PE staff have been very supportive. They have set strict deadlines and I have used their feedback to make progress. The subject is enjoyable, you study different aspects of sport and how athletes are prepared for events. PE is a subject I overachieved in, the coursework is challenging but gave me a real insight into my own performance and how sport is organised, I recommend the course to anyone with an interest in sport.”

Entry Requirements:

5 GCSEs graded 9 – 4, including English and Mathematics.

Exam Board and Specification Link:

Edexcel A Level Physical Education, 9PE0: [Edexcel Physical Education specification](#)

What skills will you develop?

Research skills, time management skills, practical sport skills, writing skills, evaluative skills.

What will you study?

- Sociological factors in sport and activity.
- Elite preparation of athletes in the short and long term in readiness for events/performances.
- Physiological adaptations of activity and the benefits to the population and performers.
- Psychological responses to activity.

Why study this subject?

A passion for the subject and if you have enjoyed PE in the past you will enjoy this course. Students consistently overachieve in PE leading to excellent UCAS points to take forward, whether pursuing a career in the sports industry or not. The subject’s “USP” is the cross curricular nature which will be useful in many academic fields.

How will you be assessed?

- Two final exams worth 70%
- Three coursework pieces worth 30%



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Where can the subject lead?

Careers in the sports industry, for example: physiotherapy, sports management, sports event management, coaching, teaching, sports psychology amongst others. Numerous students use the subject for matriculation purposes. The cross curricular nature of the subject supports numerous careers.

Contact Information

For further information about this course, contact Anthony Vickers, Head of PE, at:
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